

Welcome to Year 5



Reflection & Prayer

I used to think that prayer changes things, but now I know that prayer changes us, and we change things

St Teresa of Calcutta

Father,

We thank you for our school community, knowing that we can learn from each other and grow in faith. We pray for all those involved in our school, and that all of us may grow as the people you call us to be.

In the name of the Father, the Son and the Holy Spirit
Amen






Our Catholic School

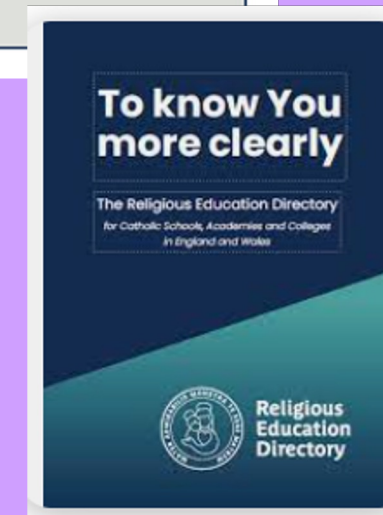
A Catholic school
'provides a rounded
education for the whole
person. And a good
Catholic school, over and
above this, should help
all its students to
become saints'

Pope Benedict XVI



What We Teach

Ways of Knowing		
Understand 	Discern 	Respond 
See	Judge	Act
What will I see and hear to help me understand?	How will I discover more?	What can I do now?



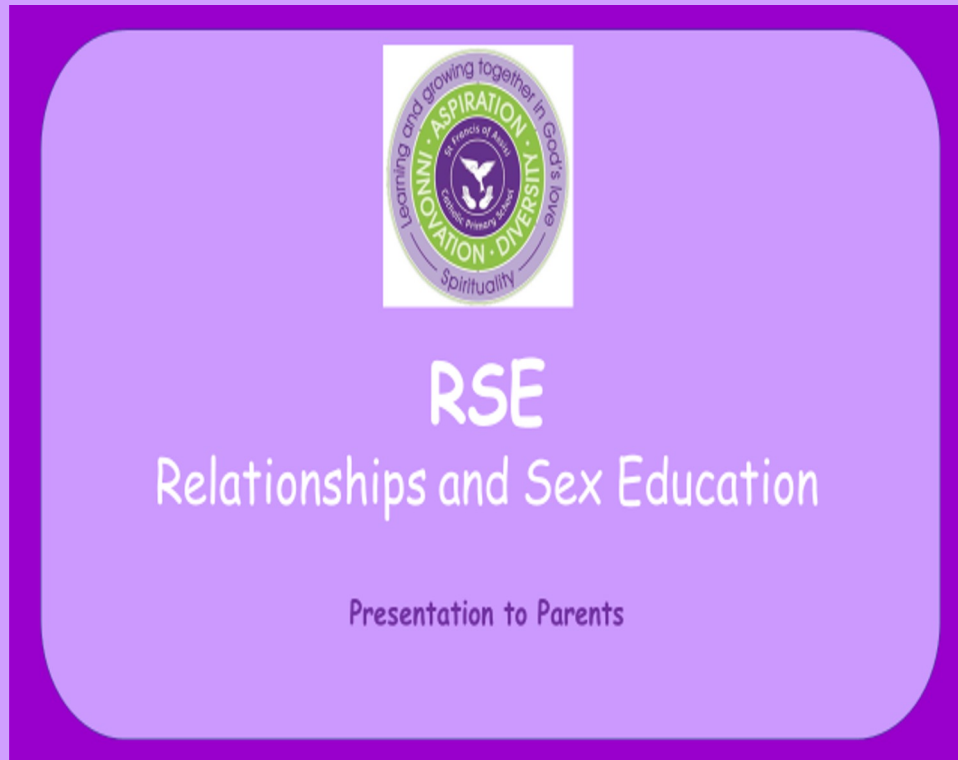
Catholic Life



Assemblies
Masses & Liturgies
Feast Days
Cathedral visits
Visits from Fr Alan
Class Prayer tables
10% Curriculum time for RE
Prayer Garden
Reconciliation
Junior Chaplaincy
CAFOD Club
Rosary Club



RSE (Relationships and Sex Education)



Information can be found on our school website, under the 'Curriculum' tab.

Our RSE policy and curriculum content has been developed by the Catholic Education Service, working in consultation with the DfE on the new national guidelines. The content of our curriculum has been advised and approved by the Bishop.

Each summer, parents are invited to a meeting in school to view the content of what their child is to be taught.



Adults in Year 5

- Miss Jeffery (5J)
- Miss Wakefield (5W)

- Mrs Saward-Clarke
- Mrs Shaw
- Mrs Budds
- Mr Evans



Expectations in Year 5

By the end of Year 5 we expect children to...

- Concentrate and focus on learning independently for longer periods of time.
- Increasingly manage their own resources such as water bottles, PE Kits and homework to be in on the correct days.
- Take increasing ownership over their learning and behaviour.
- Take a wider role in the school community.



Learning in Year 5

Milestone 3 – Green Planet	Milestone 3 – Punishment, People and Parliament
Year 5 - Environmentalists	Year 5 - Crime and Punishment
Norfolk Habitats	Crime and Punishment through the ages!
The Rainforest	We will start by looking at crime and punishment in the Roman period all the way to modern day. We then look in detail and focus on The Tudors and The Victorians.
Plastics (including pollution)	



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Summer Activities

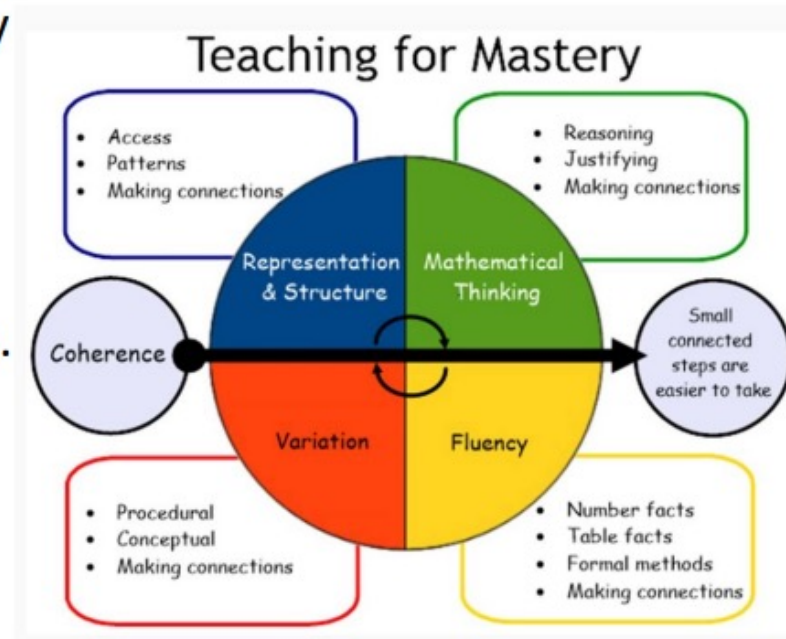
Essential learning over summer:

- Know times tables up to 10×10 and practise these if your child is not yet confident with this. They can also then learn the associated division facts even fraction facts.
- $3 \times 8 = 24$ $24 \div 3 = 8$ one third of 24 is 8
- Continue to read frequently, fluently and widely over the summer.
- Practise telling the time using analogue and digital clocks.

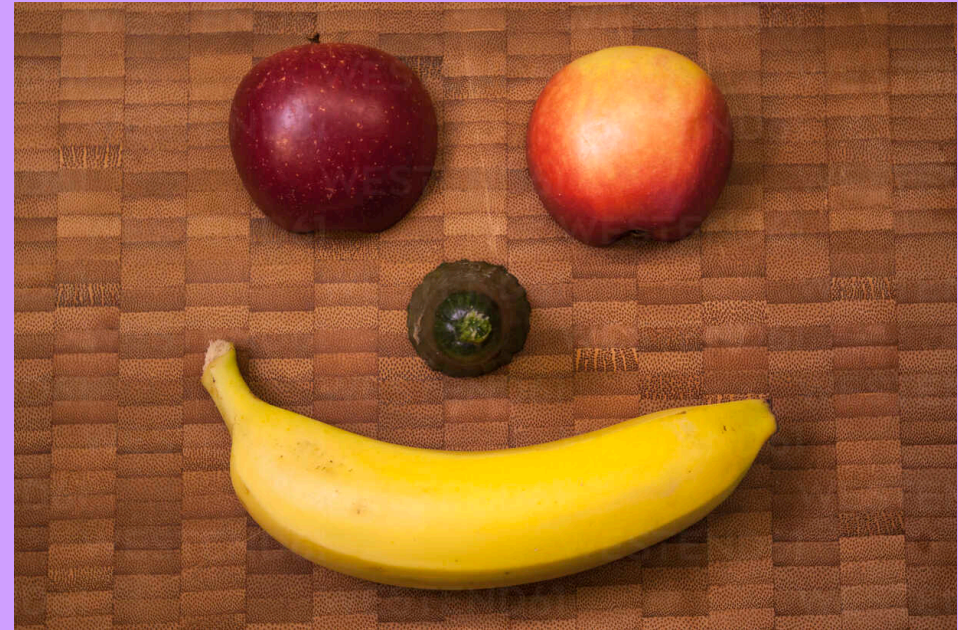
On the website

Welcome to a presentation on Maths at
St Francis of Assisi Primary School

Teaching for Maths Mastery
so that children develop
strong foundations in
Maths on which they can
build a deep understanding.



From September, the children will only be able to bring fruit or vegetable for their break time snack.





Working Together

- Weekly What's On Newsletter
- School Website
- Via Teacher Email
- awakefield42ru@nsix.org.uk
- ajeffery33rd@nsix.org.uk

- Home School Diary - Children will record their homework and reading in here. Any comments or concerns can be passed along using their diary.
- Sharing Skills - if you have a particular skill or interest that you think you would like to share with the children, please let us know.



Reading

- Children are expected to read daily at home at **least 10 minutes, ideally 20 minutes**.
- This can be independent or to an adult.
- It would be fantastic if you could discuss what they have read about to check the text is of an appropriate level for their understanding.
- Children benefit from reading a range of texts from Non-fiction and Poetry as well as Fiction.
- Children are expected to record what they have read at home daily in their School Diary. As a parent, please sign their diary once a week to acknowledge the reading they are doing.
- There is a suggested reading list for Year 5 which we will hand out in September. If you would like this now, please let us know!

Remember, children at this age still enjoy being read aloud to!

Homework in Year 5

- Reading daily for 20 minutes!
- Weekly English homework
- Weekly Maths homework - Arithmetic and reasoning questions.

- All homework is to be handed in on THURSDAY each week where we will spend time in class looking at the homework that has been brought in. New homework will then be sent home on Friday.

WELLBEING

Wellbeing provision at St Francis has been rated 'Outstanding' by the 'Wellbeing Awards for Schools' independent review panel.

- Rainbows - Children who have experienced significant loss or change in their lives.
- ELSA - Emotional Literacy Support Assistants
- Wellbeing Team Lead - Miss Wakefield
awakefield42ru@nsix.org.uk

3. Uniform

Uniform is worn at St Francis of Assisi to develop a sense of pride in being a member of the school community. It is expected that all children will wear the school uniform.

Boys

black/dark grey trousers (or shorts in summer)
white shirt **with tie** (winter) polo shirt (summer)
school sweatshirt

Girls

black/dark grey trousers/skirt/pinafore
white shirt **with tie** (winter)/polo shirt (summer)
purple gingham dress (summer)
school sweatshirt/cardigan

Summer uniform may be worn from September if the weather is still warm.

Shoes should be black and appropriate for school i.e. not trainers, high heels, hightops, boots, flip flops etc.

All uniform should be **clearly labelled** with your child's name

Jewellery should not be worn, including necklaces, crosses, bracelets (non-smart watches are allowed).

Plain small stud earrings (not hoops) are permitted but only if children are able to remove themselves for PE and Swimming (school adults are not allowed to remove earrings.)

Pupil Premium

Families who receive certain benefits may be eligible for free school meals which means that the school will be given an additional source of income that will be used to support your child. We can pay for your first school uniform and then all school trips (excluding residential). We will use the money to improve classroom teaching but also to provide support in the classroom and by offering extra intervention.

Your child is eligible for free school meals if you're in receipt of one of the following benefits:

- Universal Credit with an annual net earned income of no more than £7,400.
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part 6 of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Working Tax Credit run-on (paid for the four weeks after you stop qualifying for Working Tax Credit)
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190

If we were ever in a lockdown situation again, your child would be eligible for free school meals at home.

Mrs Furness is very happy to chat to you and help you fill out the forms if you would prefer.

Please go onto our website to download a form to complete if you are eligible.

St Francis of Assisi Parent Teacher and Friends Association (PTFA)



The PTFA is a small group of parents, friends and staff who join together to raise money to buy special things for our school. We organise several events during the year and would love it if you could get involved – no offer of help / support is ever too small!

Your concerns



If something is worrying you or you have concerns about anything please let us know. We are here to help.

- Arrange a meeting with us
- Send an E-mail to the school office
office@st-francisofassisi.norfolk.sch.uk
- Write us a letter
- Write in their School Diary
- Phone the school and leave a message



Developing resilience in Primary aged children

There are points in the school year where your child may experience a disappointment or setback.

Although this is sometimes upsetting for them, there are practical things you can do to support their emotional development through managing these feelings.

DO

Listen and acknowledge your child's feelings.
Comfort and support them (without saying that you will fix the problem).
Remind them that challenges and disappointments are a part of life and the important thing is how we deal with them
Seek clarification if needed from school

TRY TO AVOID

Minimalising how they are feeling
Reinforcing the "fairness" narrative by blaming others - focus on helping them to manage their emotions.
Jumping to conclusions about how or why the disappointment occurred, or reacting immediately to try to fix the problem - this is hard when your child is upset but remember we are their front line role models for their future choices



Whitwell Hall!

This year, Year 5 will be going to Whitwell Hall from Monday 30th to Wednesday 2nd October (5W) and Wednesday 2nd October to Friday 4th October (5J)



- The trip fits in well with our Autumn topic, Norfolk habitats, where we will get to see habitats up close and do lots of fun activities! We also do a lot of learning around the Whitwell Hall visit when we return to school.
- We will send out a kit list, medical form and more information to you in a letter in September, but here is an overview of what the trip will entail.

Whitwell Hall

5W will be leaving school in the morning (during school hours) of Monday 30th September by a coach. We then arrive back at school on Wednesday afternoon, ready for a usual pick up time of 3.25pm. 5J will be going Wednesday coming back Friday 4th October ready for pick up at 3:25.

Your child will need a packed lunch for Mon/Wed lunch time, but other than that, all breakfast, lunches and dinners are provided by Whitwell Hall.



When we arrive on Tuesday, we get to know the building and the safety instructions. The children then put their things in their dormitories and have their packed lunch. We then do two activities the first afternoon afternoon.

Activities

Breakfast is between 8 and 8.30am, ready for the first activity at 9.30am. The children do two activities before lunch, and two activities after lunch. Dinner is about 5.30/6pm. Evenings, we have either a campfire, go on a bat walk or have some chill time.

Activities:

- Fire lighting
- Boat building & boat race
- Nature walk
- River dipping
- Shelter building
- Geocaching
- Canoeing*
- Archery*
- Natural art
- Night time bat walk
- Campfire



Fire Lighting



Shelter Building



River Dipping



Natural Art



Team Building



Boat Building



Boat Race on the Last Day!



Whitwell Hall - Food

Breakfast - toast, porridge, cereal etc.

Lunch - sandwiches, wraps or pizza slices, with sausage rolls, crisps, fruit and a dessert.

Dinner - the children vote on which dinner they would like in September. The choices are things like a BBQ, lasagne, pasta bolognese/meatballs, sausage and mash etc.

The children choose one dessert a night (e.g. ice cream, jelly, apple crumble etc.)

The food is excellent and there's always seconds available! They won't go hungry!



Fresh fruit, water, and squash will be available throughout the day, however, food is not allowed inside the dormitories. Your child is welcome to bring a few small snacks if they wish to. When we arrive at the hall, the snacks will be collected and kept in the kitchen during the day. The children will have a chance to have their snacks after dinner each evening.



Kit List

- A packed lunch for the first day (all other food is provided by Whitwell Hall)
- A rucksack/large bag (your child must be able to carry their own bag!)
- A sleeping bag and pillow (A bedsheet is provided by Whitwell Hall)
- Pyjamas
- Trousers
- Shorts
- T-shirts (short and long-sleeved)
- Underwear and socks
- Waterproof coat
- Wellies (to be brought in a carrier bag)
- Wash kit (shower gel, tooth brush etc.)
- Hair bands (will be required for some activities if you have long hair)
- Sunhat and sun-cream (depending on the weather)
- Water bottle
- Torch and spare batteries
- Towel
- Small game/book/cuddly toy
- A strong bin bag to put dirty clothes in
- Waterproof trousers (optional)
- Medication if required

Electrical items such as tablets, mobile phones and other valuables are not allowed.

Any questions?



- Miss Wakefield – awakefield42ru@nsix.org.uk
- Miss Jeffery
- ajeffery33rd@nsix.org.uk